

## Suicide in Missouri...



For more  
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Behavioral Health



Epidemiology  
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- ✦ Suicide is the 10<sup>th</sup> ranking cause of death in Missouri with an average of 1.9 suicides every day.<sup>1</sup>
- ✦ The primary method of suicide is firearm, followed by poisoning and suffocation.<sup>1</sup>
- ✦ 4.5% of adults in Missouri have thought about suicide in the last year.<sup>2</sup> The state has been higher than the national average for rate of deaths due to suicide for the last decade, Missouri averages 13.7 deaths per 100,000 people while the national average is 11.5.<sup>3</sup>
- ✦ In Missouri, males make up 81% of all suicides. The 30-49 year old age group has the highest suicide rate.<sup>1</sup>
- ✦ The 15-18 age group has the highest number of suicide attempts (approximately 180 attempts per 100,000 people).<sup>1</sup>
- ✦ 12.6% of Missouri youth surveyed reported that they considered suicide in the last year while 9.3% actually made a plan to commit suicide.<sup>4</sup>
- ✦ For more information on suicide, or to obtain help, see the resources found at <http://dmh.mo.gov/mentalillness/suicide/prevention.htm>

<sup>1</sup> [http://www.sprc.org/stateinformation/PDF/statedatasheets/mo\\_datasheet.pdf](http://www.sprc.org/stateinformation/PDF/statedatasheets/mo_datasheet.pdf)

<sup>2</sup> NSDUH - <http://www.cdc.gov/mmwr/preview/mmwrhtml/ss6013a1.htm#Tab3> (table 2)

<sup>3</sup> Death certificate data: NCHS, National Vital Statistics System (NVSS), Mortality Detail files, 1990–2007

<sup>4</sup> Missouri Student Survey, 2010 data